

Personal RESET

Romans 12:1-2

FOR OUR CONSIDERATION:

“Our Bodies as *Living Sacrifices*”:

- A body not governed by emotion.
- A body not mastered by intellect.
- A body devoted to physical discipline.

- **Who's being encouraged to RESET?**
 - Those who have accepted and received Jesus Christ as their LORD and Savior.
- **What is the instrument through which we RESET?**
 - Our bodies (physically and otherwise)
- **Where should work on and commit to the process of RESET?**
 - Anywhere and everywhere, to the best of your ability.
 - Safe and Sacred Spaces
 - Accountability to Self and Partnership
- **When should we begin the process of personal RESET.**
 - As Soon as Possible!
- **Why is the process and experience of personal RESET necessary?**
 - In view of God's mercy
 - In appreciation of God's grace
 - In response to God's love
 - To accomplish GOD's will for our lives
- **How do we engage in personal RESET?**
 - True Prayer & Proper Worship
 - Transformation is essential for RESET
 - Renewing of our Mind